



The 5th Nordic seminar on Equine assisted interventions 2024

September 12-13, 2024, at Halmstad University

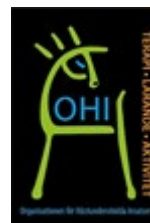
Equine-assisted interventions for sustainable health, performance and participation

The 5th Nordic seminar on Equine-assisted interventions 2024 is held in the form of a two-day conference embracing Equine-assisted interventions to support health, learning, and activity irrespective of physical or mental disability.

The conference aims to offer researchers, practitioners, and stakeholders in the field of equine assisted interventions as well as accountable decision-makers and politicians at various levels within the health care sector and related areas access to recent research results and the opportunity to exchange experiences regarding equine assisted interventions in the field of sustainable health, learning and activity for all in the society. The topic of evidence-based practice is an important fundamental aspect and constitutes a unique opportunity to define areas in need to be established with the help of high-quality research and development work as well as collaboration in and around equine-assisted services. The seminar is an exclusive opportunity for both researchers and practitioners from all over the Nordic countries to jointly increase knowledge about equine assisted interventions. The official conference language is English.

Welcome to an exciting conference in Halmstad on 12-13 September 2024.

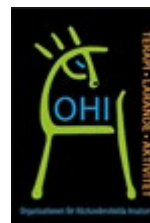
Keep an eye on OHI's website www.ohi.nu and the conference website <https://www.hh.se/english/about-the-university/events/the-5th-nordic-research-seminar-on-equine-assisted-interventions-2024.html> for updates on the conference program



Program

Day 1 Thursday September 12, 2024

Room	S1002
09:30 - 10:00	Registration
10:00 - 10:15	Introduction Henrika Jormfeldt, Anna-Maria Palsdottir and Elisabeth Argentzell
10:15 - 10:45	Keynote speaker 1 Henrika Jormfeldt How to make holistic Equine-assisted services fit in a specialised health care and support system – barriers and benefits
11:00 – 12:15	Peer reviewed oral presentations on “Equine Assisted interventions – Relationships to Promote Health and Recovery” <i>Taking a One Health approach to Equine Assisted Interventions by engaging a multispecies triad perspective.</i> Andrea Petitt, University of Liège, Belgium, E-mail: Andrea.petitt@uliege.be Henrik Lerner, Department of Health Care Sciences, Marie Cederschiöld University, Stockholm. E-mail: henrik.lerner@mchs.se <i>Horses in Equine-Assisted Services - working on a relationship toward Human Health.</i> Inês Pereira-Figueiredo Tiago Mendonça, Ana Rita Matias, Graça Duarte Santos Thekids Fellows-Research Group in Anthrozoology, Idanha-a-Nova, Portugal, Institute of Neurosciences of Castilla y León, Salamanca, Spain; University of Salamanca, Salamanca, Spain, Faculty of Veterinary Medicine, Lusófona University, Portugal. E-mail: thekidsfellows@gmail.com <i>Equine Assisted Psychological Treatment (EAPT) according to CBT and ACT in a primary care context.</i> Emma Lindeblad, Clinical psychologist and psychotherapist in CBT; PhD in Psychology, Region Kronoberg och Linnéuniversitetet, E-mail: emma.lindeblad@lnu.se <i>Experiences of Equine-assisted psychotherapy (EAP) from Stallen Gaustad at Oslo University Hospital.</i> Christina Thorpe nurse and equine-assisted therapist at Stallen Gaustad, Oslo University Hospital. Norway. E-mail: chra@ous-hf.no A process of embodied recovery from stress-related mental health problems. Exploring and explaining the process of personal recovery from participating in a nature-based intervention including equine-assisted therapy. Marie Gudmundsson, PhD student, Department of Health Sciences, Lund, Sweden. E-mail: marie.gudmundsson@med.lu.se
12:15 – 13:30	Lunch and poster presentation
13:30 – 14:00	Keynote speaker 2 - Tobba Therkildsen Sudmann Norwegian perspective – social exclusion, addiction, and dementia



<p>14:00 – 15:00</p>	<p>Peer reviewed oral presentations on “Experiences from equine-assisted and nature-based interventions”</p> <p>A therapeutic equine-assisted group intervention- experiences among people with common mental disorders on sick leave. Linda Fridén, PhD-student, Halmstad University, Sweden, E-mail: linda.friden@hh.se</p> <p>Equine assisted education for students with problematic school situations. Malin Larsson, MSc in agriculture with a major in animal science, MSc in environmental psychology. E-mail: malinlarsson@yahoo.com</p> <p>Young people’s experiences of Equine-Facilitated Therapy (EFT) in promoting psychological functioning. Hanna Huttunen, Occupational Therapist, Equine-Facilitated Therapist, Master’s Degree in Health Sciences University of Oulu Finland. E-mail: hanna.hanninen81@gmail.com</p> <p>Participation and inclusion for persons with intellectual disabilities in horse related activities Marie Gustavsson & Susanne Larsson, Division of Social Work, Department of Culture and Society, Linköping university. Sweden. E-mail: marie.gustavsson@liu.se</p>
<p>15:00 – 15:30</p>	<p>Coffee break and poster presentation</p>
<p>15:30 – 16:30</p>	<p>Peer reviewed oral presentations on “Impact of Equine assisted interventions”</p> <p>Animal-assisted and nature-based intervention with horses for young adults with autism and social withdrawal, A feasibility study with a health economic perspective. Sara Holmberg, MD, associate professor, Department of Research and Development, Region Kronoberg, Sweden. Email: sara.holmberg@kronoberg.se</p> <p>The movement of the horse building parameters of walk for chronic low back pain patients (CLBP) Mattila-Rautiainen Sanna, University of Eastern Finland, Biomedicine. E-mail: sanna.mattila-rautiainen@uef.fi</p> <p>Intensive mounted equine assisted intervention - Impact on speech, breathing and well-being. Margareta Håkanson, SLU Inst för Husdjurens miljö och hälsa. E-mail: maggan.hakanson@gmail.com</p> <p>Physiotherapists’ experiences of Equine assisted therapy: A way to reach several levels of movement simultaneously. Matilda Uggle Master’s Programme in Physiotherapy (2023) Umeå University, Sweden. E-mail: Matilda.uggla@gmail.com</p>
<p>16:45 – 17:30</p>	<p>Keynote speaker 3 Nina Ekholm Fry Trauma informed Equine assisted services – a Finnish and American perspective</p>
<p>19:00 -</p>	<p>Dinner</p>



Day 2 Friday September 13, 2024

Room	S1002
9:15 – 10:00	Equine assisted interventions during 30 years-milestones reached and challenges to come Margareta Håkanson, OHI Research Network
10:00 – 10:30	Coffee break and poster presentations
10:30 – 11:30	Panel dialogue led by Elin Lee Apple at The Swedish Horse Industry Foundation (HNS) with representatives of politics, OHI, researchers and practitioners in the field regarding what needs to be done to make Equine-assisted interventions available to those who need it. The panel dialogue will be held in Swedish, while the dialogue with the panel will be summarized and translated into English.
11:30 – 12:00	Closure and Information about upcoming conference/seminar regarding Nature based health at SLU Alnarp 2025.
12.00 – 13:20	Lunch and poster presentations
Room	S1004, S1023, S1072, S1078
13:20 – 15:00	Workshops in smaller groups based on, geographical or activity-specific focus
15:00 – 15:10	Take away “fika” and goodbye

Registration is done via the conference website <https://www.hh.se/english/about-the-university/events/the-5th-nordic-research-seminar-on-equine-assisted-interventions-2024.html>